

Cyrsgiau e-ddysgu KCA

KCA eLearning courses

Course	Level	Hours
Introduction to child development	2	5
Introduction to attachment and brain development	2	5
Introduction to child protection	2	5
Introduction to communicating with children and young people	2	5
Introduction to promoting secure attachment: Brain development and positive parenting	2	5
Introduction to understanding trauma	2	5
Adolescence	3	10
Attachment and brain development	3	10
Behaviour and physical environment	3	10
Brain development and positive parenting	3	10
Building Resilience	3	10
Child development	3	10
Children's rights	3	10
Communicating with children and young people	3	10
Eating disorders: A relationship-based approach to prevention and recovery	3	10
Emotion coaching	3	10
Five to Thrive for Life: Adolescence	3	10
Foetal exposure to alcohol	3	10
Impulsive behaviour	3	10
Making safe connections – the digital revolution, neuroscience and human attachment needs	3	10
Narrative work	3	10
Parental mental health issues	3	10
Safer caring	3	10
Secondary trauma	3	10
Self harming behaviours	3	10
Self-injuring and self-sabotaging behaviours: A relationship-based approach to prevention and recovery	3	10
Sexualised behaviour: Issues in foster care	3	10
Toxic stress and community resilience: Working with trauma across the lifespan	3	10
Transitions and vulnerability	3	10
Understanding trauma	3	10

Sylwer y bydd pob un o'r cyrsiau uchod yn cael eu darparu drwy gyfrwng y **Saesneg yn unig**.
*Please note that all of these courses will be provided in the **English medium only**.*

Mae pob cwrs am ddim i fabwysiadwyr Canolbarth a Gorllewin Cymru.
Courses are free to all adopters in Mid & West Wales

Os hoffech chi gwblhau cwrs cysylltwch â Sian Gibbon, a fydd yn gallu sefydlu cyfrif ac aseinio'r cwrs atoch chi. ✉ hyfforddiantmabwysiadu@sirgar.gov.uk

If you are interested in completing a course please contact Siân Gibbon, who will set up an account and assign the course to you. ✉ adoptiontraining@carmarthenshire.gov.uk